



DECEMBER SEL NEWSLETTER

CELEBRATIONS

Congratulations to **Cochran Middle School** for completing 146 SEL Student Self-Assessments! Data from these assessments will provide every student, classroom, and grade level with a roadmap of SEL lessons for success!

REMINDERS

Please view December's 5-minute Pocket PD for instructions on how to successfully implement SEL using RethinkEd. [POCKET PD 4](#)

TOPIC OF THE MONTH

This month, the Respect & Conflict Resolution Student Lesson Scope and Sequences go live! Find it on the [landing page](#)! Our adult workshops share how respect is conveyed with inclusion and clarity of status. The workshop discusses how during times of conflict, respectful communication supports solutions that make everyone feel good. Be sure to share the Caregiver Workshop flyers when we send them out later this month!

Have more questions?
Get in touch with us at
TeamLA@rethinked.com

DECEMBER SEL TIPS & TRICKS

December can be an exciting and challenging month! There is less daylight, colder weather, and also holiday excitement competing for students' attention and focus!

Check out this **Scope and Sequence** for **lessons on goal setting, focus, mindfulness, and stress management!** These lessons can encourage students to finish the semester strong!

We also have created a **printable packet of SEL activities** that can be sent home with students to encourage continued growth of 21st century skills over the Winter Break!

Check out our updated **Open Lab Schedule here!**

[OPEN LABS REGISTRATION](#)

