



# FEBRUARY SEL NEWSLETTER

## FEBRUARY SEL TIPS & TRICKS

You can provide opportunities for students to exercise their self-advocacy and self-efficacy skills by offering students choice in activities and assignments, as well as engaging in community circles. Check out our [Community Circles](#) guide.

### Examples for Student Choice

- Choose one practice problem to skip. (*This has the added bonus of allowing you to see which problems the students thought were most challenging.*)
- Deliver their report in writing, orally, or through a multimedia presentation.
- Choose where to sit or stand.

**Check out our updated Office Hours Schedule here!**

[OFFICE HOUR SCHEDULE](#)

## CELEBRATIONS

The PBIS team at **Gompers Middle School** enthusiastically embraced a brief introduction to RethinkEd and SEL during their meeting and swiftly scheduled a comprehensive training session for the entire school. Thank you, Gompers staff, for your incredible commitment to joy and wellness.

## REMINDERS

Please view February's 5-minute Pocket PD for instructions on how to successfully implement SEL using RethinkEd.

[POCKET PD 6](#)

## TOPIC OF THE MONTH

This month, the Self-Advocacy & Self-Efficacy Student Lesson Scope and Sequences go live! Find it on the [landing\\_page](#). Our **Family Workshop will be on Conflict Resolution this month**. Join us as we learn about conflict resolution and how respect influences it. Families will also have the opportunity to preview a lesson that focuses on the four strategies that children and adults can use to resolve conflict.

Be sure to share the Family Workshop flyers when we send them out later this month!

Have more questions?  
Get in touch with us at  
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