



APRIL SEL NEWSLETTER

NATIONAL MONTH OF VOLUNTEERING

This can be a good time to reward students for their acts of service!

CELEBRATIONS

Special shout out to **Principal Hoback at Barack Obama Global Prep** for organizing the school's second RethinkEd family workshop watch party! They hosted the workshop during their Open House to increase access for the community.

TUTORIALS

Please view [April's 4-minute Pocket PD](#) for instructions on how to successfully implement SEL using RethinkEd.

You can also learn to navigate the Lesson Library at your own pace using our [tutorial!](#)

TOPIC OF THE MONTH

This month, students will focus on the topics of **Empathy & Cultural Competence!** Our world is a diverse place, and this diversity requires that students learn how to interact and engage with people different from themselves. In order to effectively navigate the world, understand the range of human experiences, and relate with others, students must learn to **empathize** with others.

Find the scope and sequence on the [landing page](#) and adult training videos on these topics under My Trainings > SEL Training Series > Social Awareness.

Types of Action

Personally Responsible

Description: taking individual action to be a "model citizen"

- Examples:
- volunteering at a food pantry
 - recycling
 - volunteering at the polls on election day

Participatory

Description: working with others to make positive change in your local community

- Examples:
- organizing a food drive
 - advocating for recycling bins at school
 - working on a local campaign

Justice Oriented

Description: using critical thinking to get to the root of a problem and then address it

- Examples:
- asking "Why are people going hungry?"
 - pressuring corporations to reduce waste
 - working on a local campaign that will change the root cause of an issue

Check out [Social Contributions](#) lessons under Social Awareness!
Make sure to be logged in first.

Have questions?
Check out our Office Hours Schedule here!

[OFFICE HOURS SCHEDULE](#)



Have more questions?
Get in touch with us at
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