



Educator Guide to Getting Started

Life Skills and Wellness

Let's Get Started

Here are some helpful links to help you get started with Rethink Ed's Life Skills and Wellness Learning Program.

- **Adult Professional Learning**
 - To learn how to access the LS&W Professional Development modules [CLICK HERE](#)
 - To learn more about the Mindfulness course for educators [CLICK HERE](#)
 - To learn how to access the MH Professional Development modules [CLICK HERE](#)
- **Student Lesson Library**
 - To learn how to access the tiered, K-12 LS&W student curriculum [CLICK HERE](#)
 - To learn how to access the tiered, K-12 MH student curriculum [CLICK HERE](#)
- **Managing Your Classroom**
 - To learn how to locate your classroom, view class-wide reports, student assignments, LS&W Student-Survey results and more [CLICK HERE](#)
- **Assigning LS&W Content**
 - To learn how to assign LS&W videos and activities to your students' learning center [CLICK HERE](#)
 - To learn how to assign MH videos and activities to student students' learning center [CLICK HERE](#)
- **Managing Student Assignments**
 - To learn more on how to view and manage student assignments and provide feedback [CLICK HERE](#)
 - To learn more about how to review assignments [CLICK HERE](#)
- **Life Skills and Wellness Surveys (available to 3rd-12th grade)**
 - How to Assign/Opt Out/View Assigned Students for LS&W Student Survey: [CLICK HERE](#)
 - How to run a Completion Report for LS&W Student Survey: [CLICK HERE](#)
 - How to View LS&W Student Survey Individual Scores: [CLICK HERE](#)
 - How to View LS&W Student Survey Group Scores: [CLICK HERE](#)
 - How to Assign and Complete the Classroom Rating Scale Scores: [CLICK HERE](#)
- **Videos for Students**
 - How to navigate your Student Center (K-5) [CLICK HERE](#)
 - How to navigate your Student Center (6-12) [CLICK HERE](#)
 - Taking the LS&W Student Survey Directions (3-5) [CLICK HERE](#)
 - Taking the LS&W Student Survey Directions (6-12) [CLICK HERE](#)
- **Help and Support**
 - Click "help" from your toolbar (after logging in) to access live chat support

