



# DECEMBER SEL NEWSLETTER

## DECEMBER SEL TIPS & TRICKS

### CELEBRATIONS

Congratulations to **Leo Politi Elementary School** for hosting their first school-wide PBIS assembly, where they used a RethinkEd lesson on anti-bullying. Big shout out to Principal Collins and PSW Luis Lopez for taking the lead!

### REMINDERS

Please view December's 5-minute Pocket PD for instructions on how to successfully implement SEL using RethinkEd. [POCKET PD 4](#)

### TOPIC OF THE MONTH

This month, the Respect & Conflict Resolution Student Lesson Scope and Sequences go live! Find it on the [landing page](#)! Our adult workshops share how respect is conveyed with inclusion and clarity of status. The workshop discusses how during times of conflict, respectful communication supports solutions that make everyone feel good. Be sure to share the Caregiver Workshop flyers when we send them out later this month!

Have more questions?  
Get in touch with us at  
[TeamLA@rethinked.com](mailto:TeamLA@rethinked.com)

December can be an exciting and challenging month! There is less daylight, colder weather, and also holiday excitement competing for students' attention and focus!

Check out this **Scope and Sequence** for **lessons on goal setting, focus, mindfulness, and stress management!** These lessons can encourage students to finish the semester strong!

We also have created packets of printable SEL activities that can be sent home with students to encourage continued growth of 21st century skills over the Winter Break!

**Kindergarten**

**Grades 1-2**

**Grades 3-5**

**Check out our updated Open Lab Schedule here!**

[OPEN LABS REGISTRATION](#)